Name: _____ **Date:** _____
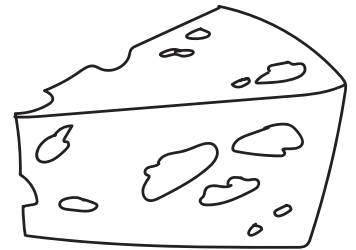
What foods are good for my teeth?

The foods you eat can help keep your teeth healthy. Color the foods you see below, then circle which foods are good for your teeth!
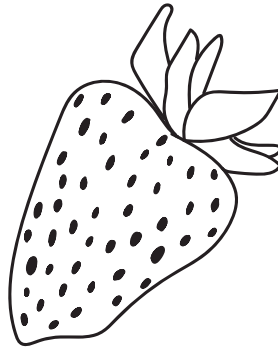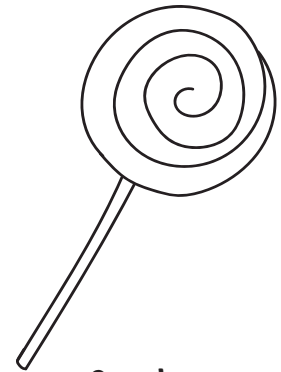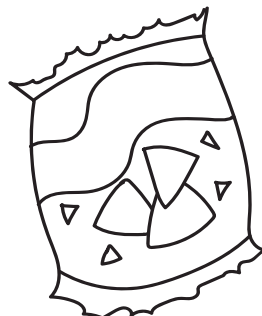
Lemon

Spinach

Cheese

Soda

Strawberry
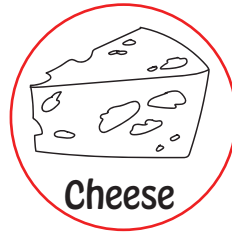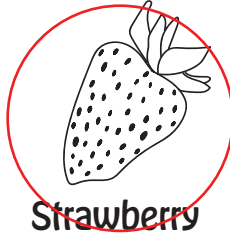
Candy

Almonds

Chips

Garlic

Answer Key

Lemon

Spinach

Cheese

Soda

Strawberry

Candy

Almonds

Chips

Garlic